**PRINCIPAL’S COMMENTS**

*Language Education — continued from our two most recent newsletters*

Firstly, thank you to the 44 families who returned the yellow questionnaire with your responses. Here is what you told me:

- 6 responses indicated that a variety of languages was the preferred option.
- 8 responses indicated that just one language should be offered.
- However, most left question 1 unanswered.
- One offer came for some voluntary assistance at school with Indonesian.
- 10 responses supported the selection of five languages that were listed — Mandarin, Japanese, Spanish, Indonesian, French.
- 4 families stated they would like their child(ren) to learn more about a language that is spoken by one or both parents at home, but not on the list of five.

**Language Electives**

- 4 families indicated that they would support either the Japanese or Mandarin options.
- 16 students’ names, including the 4 families above, were put forward as being interested in taking up the Chinese, Mandarin "live from China" option.
- 32 students’ names, including the 4 families above, were put forward as being interested in learning Japanese with a visiting teacher from McClelland College.

This means that the Japanese option has strong support and I will go ahead with further organisation.

The Chinese, Mandarin is a borderline option with a maximum of 16 possible participants. A minimum of 20 students is a realistic minimum to make the program viable.

**Languages that parents indicated would be acceptable options online were:**

- Mandarin 3
- Japanese 7
- Spanish 5
- Indonesian 6
- French 6

Some families indicated more than one choice from the list.

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**IMPORTANT DATES 2013**

**NOVEMBER**

- Fri 15 Years 4, 5 & 6 Zone Orienteering Day
- Mon 18 to ) Year Prep Swimming Program
- Thurs 21 ) Jubilee Park Swimming Centre
- Tues 19 Sausage Sizzle
- Wed 20 Prep 2014 Come & Play 2.30-3.30pm
- Thurs 21 Walk to School Day
- Fri 22 Yrs 5 & 6 Deposit $20 due 2014 Camp
- Wed 27 PREP 2014 Transition Morning
  Canteen Special Lunch Day
- Fri 29 BPPS House Sports Day

**DECEMBER**

- Tues 3 Year 5 Day Visit to McClelland College
- Tues 3 to ) Years 3/4 Beach Safety Program at
- Fri 6 ) Pines Pool & Frankston Surf LS Club
- Mon 9 to ( Years 5 & 6 End of Year Water
- Mon 16 Christmas Concert
- Fri 10 ) Safety & Activities Week
- Tues 10 Year 6 Orientation
- Mon 16 Christmas Concert
- Wed 17 Transition Morning for 2014 Grades
- Wed 18 Year 6 Graduation
- Fri 20 Last day of Term 4, 2.30pm finish

I expect that similar to the variety in this small sample, all students would have a language they would prefer to choose.

The responses provided by the 44 families have been very helpful and will definitely help shape our pilot program in 2014.

The goal will be to give all students experience, guidance, encouragement, a class time allocation and access to resources to begin learning another language. During the year, we will try a number of approaches with a view to refining and improving a language program for 2015 and beyond.

*Mark Renouf*

Principal
Student Health and Happiness
“When students are happy and healthy, their learning is maximised.”

Breakfast- a great start!

When asked, we have many students who arrive at school without having had breakfast.

Breakfast is considered an important meal because it breaks the overnight fasting period, replenishes your supply of glucose and provides other essential nutrients to keep your energy levels up throughout the day.

Glucose is the body’s energy source. In the morning, after you have gone without food for as long as 12 hours, your glycogen stores are low.

Breakfast provides a significant proportion of the day’s total nutrient intake and offers the opportunity to eat foods fortified with nutrients such as Folate, Iron, Vitamin B and fibre.

Extensive research in Australia and overseas has found:

♦ Many children who skip breakfast are significantly heavier than those who eat breakfast.

♦ Skipping breakfast may diminish mental performance. Eating breakfast aids learning, as you are better able to pay attention and are more interested in learning.

♦ Eating high-fibre breakfast cereals reduces fatigue.

♦ Children who eat an inadequate breakfast are more likely to make poor food choices for the rest of the day, and in the long term.

♦ People who eat breakfast have more nutritious diets than people who skip breakfast. They also have better eating habits as they are less likely to be hungry for snacks during the day.

Breakfast food

Research has shown that school children are more likely to eat breakfast if easy-to-prepare breakfast foods are readily available. Some quick suggestions include:

♦ Whole-wheat or wholegrain breakfast cereals such as wheat biscuits, muesli or bran cereals

♦ Porridge - such as quick oats

♦ Fresh fruit

♦ Whole wheat or multi-grain bread to toast

♦ Muffins or crumpets

♦ Toast toppings, such as baked beans, eggs, cheese or spreads

♦ Fruit or plain yoghurts

♦ Fresh fruit juices

♦ Low-fat milk.

Things to remember...

⇒ A healthy breakfast has many health benefits.

⇒ Children who skip breakfast may lack sufficient fibre, vitamins and minerals including Iron, Calcium and Vitamin B2.

⇒ Reasons for skipping breakfast include lack of time, lack of motivation and lack of available breakfast foods.

⇒ Having breakfast helps children pay attention and assists with learning at school.

Information taken from www.betterhealth.vic.gov.au
STUDENTS OF THE MONTH

OCTOBER

Congratulations to the following students who have been chosen as our Students of the Month for October, 2013.

<table>
<thead>
<tr>
<th>Name</th>
<th>Prep</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>Braydon R.</td>
<td>J</td>
<td>Organisation</td>
</tr>
<tr>
<td>Lincoln S.</td>
<td>B</td>
<td>Confidence</td>
</tr>
<tr>
<td>Ashlee W.</td>
<td>1S</td>
<td>Confidence</td>
</tr>
<tr>
<td>Maddy G.</td>
<td>2B</td>
<td>Organisation</td>
</tr>
<tr>
<td>Hope T.</td>
<td>3H</td>
<td>Persistence</td>
</tr>
<tr>
<td>Samantha W.</td>
<td>4R</td>
<td>Getting Along</td>
</tr>
<tr>
<td>Jerome H.</td>
<td>5S</td>
<td>Organisation</td>
</tr>
<tr>
<td>Devlin L.</td>
<td>6S</td>
<td>Confidence</td>
</tr>
<tr>
<td>Ocky W.</td>
<td>M</td>
<td>Persistence</td>
</tr>
<tr>
<td>Noah H.</td>
<td>1M</td>
<td>Organisation</td>
</tr>
<tr>
<td>Kodi B.</td>
<td>2L</td>
<td>Persistence</td>
</tr>
<tr>
<td>Teah W.</td>
<td>3R</td>
<td>Getting Along</td>
</tr>
<tr>
<td>Matilda H.</td>
<td>4D</td>
<td>Organisation</td>
</tr>
<tr>
<td>Gaby F.</td>
<td>5B</td>
<td>Persistence</td>
</tr>
<tr>
<td>Jack R.</td>
<td>6B</td>
<td>Getting Along</td>
</tr>
</tbody>
</table>

Prep 2014 ‘Come and Play’

Our Prep 2014 ‘Come and Play’ Sessions have been well attended with dance lessons, singing, computer tasks, playing on our playground and children becoming familiar with Prep ‘table top’ activities.

If you have a Prep student for 2014, please join us next Wednesday 20th November at 2:30pm for ‘Come and Play’, meeting in our school office.

Or call Sue McSweeney, Assistant Principal on 9789 5614.
THE GREAT WALL OF DAIRY PROJECT

Grade 3H has been working on ‘The Great Wall of Dairy Project’. The program increases students’ knowledge of the Australian Dairy Industry and the importance of dairy foods as part of a healthy, balanced diet for themselves and their families. We painted miniature cows, completed a learning journal and painted a large canvas where we made ‘Bony Bob’ — a large skeleton.

At the end of the program twelve students, Miss H and myself attended a regional presentation day at Dingley International, and participated in fun activities about the Dairy Industry.

A big thank you to Mrs Whiteside and Miss H for transporting the students to the event.

Sue McSweeney, Assistant Principal
Due to the weather, we didn’t spend much time outside so we did lots of different and interesting activities indoors.

For bookings, please log on to:
www.campaustralia.com.au

OSHC Co-ordinator: Haylie Lelliott
Phone 0402-354-584

Outside School Hours Care with Camp Australia
An awesome Walkathon once again! And please don't forget to bring back your Walkathon sheet with your sponsors and money. Thank you :)}
Guitar Tuition available at school
If you would like your child to have Guitar lessons at the school on Mondays, please contact Glen Vinton of X10SIV Guitar Tuition on either 5979-4575 or via email on x10sivmusic@rock.com

Glen teaches both acoustic and electric guitar styles which will incorporate major and minor chords, moving on to barre chords, lead construction and, when your child gains confidence, song composition.

Glen has been playing guitar for over 35 years and has a Certificate IV in Training and Assessment (Music). Information is also available at the school office.

HELP PLEASE...DONATIONS OF SECONDHAND UNIFORMS NEEDED
Thank you to those kind parents who have donated pre-loved uniforms to our school. We are still in need of uniform donations to assist us in helping students, and would be grateful if any spare second-hand uniform items could be left at the office. Your donations are sincerely appreciated. Thank you.

NOTIFICATION OF STUDENT ABSENCES
It is requested that parents please ring the school on 9789-5614, prior to 9.30am, to advise if their child will be absent.

It’s Not OK To Be Away from school unless you are unwell.

School term dates 2013 to 2015

2013
Term 4: 7 October to 20 December

2014
Term 1: *28 January (teachers start) to 4 April
Term 2: 22 April to 27 June
Term 3: 14 July to 19 September
Term 4: 6 October to 19 December

2015
Term 1: *28 Jan (teachers start) to 27 March
Term 2: 13 April to 26 June
Term 3: 13 July to 18 September
Term 4: 5 October to 18 December

* Each year, government schools are provided with four student-free days for professional development, school planning & administration, curriculum development, and student assessment & reporting purposes.

The first day of Term 1 is a student-free day in all government schools to allow for appropriate planning to take place for the arrival of students. The remaining three student-free days are determined by each individual school.

Please check with school when other student-free days will occur throughout the school year.
Bay 2 Bay Rental

**Kanga Loaders**
Our easy to operate machine comes standard with 4 in 1 bucket and on trailer (min 1600kg, towing capacity required).

Options available:
- Auger drive with sizes 250mm, 350mm, 450mm and 650mm
- Trencher with 700mm depth, 150mm width
- Sludge bar and 150mm ripper bar

**Daily & Weekend Hire Available**
$210 Per Day

**Mini Excavators**
Our 1.8T mini excavators come standard with 900mm mud bucket, and a choice of either the 300mm or 450mm trenching bucket.

Auger drive with sizes 250mm, 350mm, 450mm and 600mm with 500mm extension is also available.

**Daily & Weekend Hire Available**
$288 Per Day

**Bobcat S70**
Comes standard with 4 in 1 bucket and also comes on trailer.

This 1.2T diesel powered machine, ensures you will get the job done quickly and efficiently, without the need to consider pushing a wheel barrow again!

**Daily & Weekend Hire Available**
$250 Per Day

**Rollers**
We offer the RD12 1.5T twin smooth drum roller.

Easy to operate, with on board water tank. This petrol powered machine also comes on its own trailer so you can tow it away.

**Daily & Weekend Hire Available**
$165 Per Day

**Cherry Pickers**
We offer 34ft cherry pickers for hire. Certainly a safer way of getting to those high spots!

Trailer Mount elevated work plate form with a working height of 13 metres. Either petrol powered, or battery operated.

**Daily & Weekend Hire Available**
$225 Per Day

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**CALL US:** (03) 5979 8885

**email:** hire@bay2bayrental.com.au
**web:** www.bay2bayrental.com.au
**visit us:** 2069 Frankston-Flinders Rd Hastings VIC 3915
Karingal Drive Dental Clinic

Treatment to leave you smiling

Call today for an appointment: 9789 9779
46 Karingal Drive
Frankston VIC 3199

karingaldrivedentalclinic@gmail.com

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