**Principal’s Comments**

**XO Computers**

The XOs have arrived at Ballam Park Primary and will be in Year 5, Year 6 and 2C. Notices with further information will be sent home today.

The XO is a specially designed ‘computer’. Here’s a quick rundown of the XO’s clever features...

- Light weight but tough, designed to withstand the most extreme conditions
- Built-in wireless – it can connect to the Internet, and to other XOs offline
- Backlit display that allows the screen to be read in direct sunlight
- Interface and software specifically designed for student learning
- Built-in camera and microphone for recording images and video
- Custom designed software based on the Australian Curriculum
- Versatile with a host of intelligent features to engage children
- Energy efficient, with an easy to recharge battery
- USB and memory ports
- Rotating touchscreen.

**DEECD Health and Safety Management Plan**

As part of the Department of Education and Early Childhood Development’s Health and Safety Management Plan, new labelling will be installed at our school in the near future. The labels remind people to contact school reception prior to undertaking any works at the school, to ensure they have up-to-date information from the school’s asbestos register.

Asbestos – which was used extensively in building materials in the past but is now banned – is considered safe unless damaged or in poor condition.

The new labels form part of a comprehensive program to ensure Victorian Government schools remain safe. McClelland College and other schools in the Frankston area have already had their labels installed.

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**Enrolment requirements**

Following a recent audit at our school I have been notified that some students are enrolled without **one or both important pieces of information**. This evidence is a student enrolment requirement, and includes:

- Evidence of your child’s date of birth (if they were not born in Australia, a passport or travel document such as a visa)
- An immunization status certificate

The most common type of immunization status certificate is a **Child History Statement** from the Australian Childhood Immunization Register (ACIR). You will be sent this statement when your child turns five years old, however you can request a certificate at any time.

**How do I obtain an immunisation status certificate?**

- Phone 1800 653 809 or
- Email acir@medicareaustralia.gov.au
- Visit your local Medicare Office.

**Sue McSweeney, Acting Principal**

**Important Dates 2014**

**August**

- Thurs 21: Hot Roll Day
- Mon 25 to Fri 29: Literacy/Numeracy Week
- Tues 26: Free Dental Checks at school
- Fri 29: District Athletics (Field Events Day)

**September**

- Tues 2: Fathers’ Day Stall
- Fri 5: Fathers’ Day Raffle
- Wed 10: Year 6 Musical Performance (date changed)

**October**

- Fri 17: School Fete 3.30pm-8.00pm
Student Health and Happiness
“When students are happy and healthy, their learning is maximised.”

Teasing and Name Calling

Teasing and name calling, when it is persistent and hurtful, is seen as a type of bullying. Unfortunately for some children, it is behaviour that they take part in and, as a result, cause upset to others.

Why do some children tease and name-call others?

Some of the reasons for teasing are identified as:

- People like to be entertained.
- People notice them if they are teasing.
- They feel powerful when others are afraid of them.
- They like to be the centre of attention and they can’t see how else to do it.
- They can get away with it.
- They don’t have many ideas about how to get along with others.
- They think it’s OK to pick on other kids.

Children who are responsible for teasing and name calling behaviour need to learn how it affects others. Some affects are:

- When teasing upsets someone, everyone around them feels uncomfortable.
- Teasing is NOT Ok if it hurts people’s feelings.
- Having people afraid of you is not as good as having friends.
- Picking on kids who are different in some way is never OK. That makes you a bully and no one likes bullies.
- If you want friends, you need to learn how to be a friend.
- Everyone has the right to feel safe.
- There are laws against harassment.

Other negative/bullying behaviour that occurs includes both direct and indirect activities such as:

- Physical contact
- Making faces
- Rude gestures, or
- Intentional exclusion.

Sometimes the bully operates with a group of ‘mates’ who may carry out some of the acts or who add weight to the intimidation.

All children are capable of bullying at some time, and it is important for parents to respond in a calm and helpful manner.

Encouraging your children not to bully others...

Parents can:

- Talk about bullying with their children, and about what is acceptable behaviour and what is not. e.g. Should we tease people because they look different?
- Discuss the issue of bullying together with the family, and establish a common understanding of what is acceptable behaviour and what is not.
- Work together with family members to establish simple rules and expectations.
- Makes sure your children understand the consequences of positive as well as negative behaviour.
- Discuss friendship and cooperation, and help your children develop their skills in these areas.
- Support and encourage their children to develop friendships and social skills both within the school environment and in other areas of their lives.
- Discuss and model positive examples of getting what they want in life and feeling good about themselves.
- Support your children in their efforts to use positive strategies.
- Explain the concepts of cooperation and negotiation. For example — With younger children, key words and actions should be: sharing, caring, taking turns and joining in.

For older children, words and discussion should centre around: caring about other people’s feeling, respect and communication.
School Uniform

Photo day was a timely opportunity to see how fantastic our students look when dressed in correct school uniform. Our School Uniform Policy is on the website, in our Parent Handbook and on the back of the Uniform Price list. A couple of points that need to be restated include:

* A note from parents is acceptable, in an emergency, for not wearing school uniform. It is expected that, in this situation, students would wear school colours (this includes winter scarves and beanies).
* Students will be encouraged to wear uniform correctly, i.e. no leggings or track pants under dresses.
* As from September 1st' students will wear their broad brimmed hats as part of our SunSmart Policy.
* With the exception of shoes and coats (raincoats or jackets), only items of school uniform are to be worn.

Many students are now wearing our new polo shirt which looks impressive. These polo shirts are available from PSW, 21 Playne Street, Frankston.

We also do appreciate the many generous donations of pre-worn uniforms which are passed on to other students.

It is absolutely necessary to label your child’s uniform so that lost items can be returned.

If you have any concerns regarding uniform, please come and discuss them with your child’s teacher or the Assistant Principal.

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HOT ROLLS - Thursday, 21st August

Please indicate items you wish to order, and attach this form to a paper bag. **If you do not send your order with a paper bag, there is a charge of 10 cents for a paper bag supplied by the school**

**PLEASE USE ONE ORDER FORM PER CHILD**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Quantity</th>
<th>Price</th>
<th>Gravy</th>
</tr>
</thead>
<tbody>
<tr>
<td>‘REDDY ROAST’ BEEF ROLL</td>
<td>$3.00</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>VEGETARIAN ROLL</td>
<td>$4.00</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>250ml JUICE (Limit 1 per child)</td>
<td>$1.00</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>350ml BOTTLE OF WATER (Limit 1 per child)</td>
<td>$1.00</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SNACK JELLY CUP (Limit 1 per child)</td>
<td></td>
<td>50 cents</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Paper bag supplied by the school</td>
<td></td>
<td>10 cents</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL ORDER:</strong></td>
<td></td>
<td></td>
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</tbody>
</table>

$  

Please return orders to office by Thursday, 14th August. **ALL items are pre-ordered. Late orders will NOT be accepted.**

GLUTEN FREE ROLLS AVAILABLE UPON REQUEST
Prep Enrolments for 2015
BALLAM PARK PRIMARY SCHOOL
GATE 1, BELAR AVENUE, FRANKSTON 3199

Enrolments are presently being accepted for children commencing Prep in 2015

When enrolling, parents will need the following:

♦ **Proof of date of birth:**
  e.g. a birth certificate or passport. The Department of Education and Early Childhood Development requirement is that children are five years old by 30th April 2015, for admission in 2015.

♦ If your child was born in a country other than Australia, the appropriate visa.

♦ **School entry immunisation certificate requirement:**
  A history statement from the Australian Childhood Immunisation Register (phone 1800-653-809) which you automatically receive after your child has completed the 4 year old vaccine schedule. It should state at the bottom of the page “This child has received all vaccines required by 5 years of age.”

  (If your child has not yet had all school entry immunisations, please complete and lodge the enrolment form, and bring the certificate when immunisations are completed, prior to the end of 2014.)

♦ **Emergency numbers**, e.g. friends, relatives, workplace and doctor.

Please ring 9789-5614 if you wish to have further information or would like to have a tour of our school.

We look forward to warmly welcoming you to our school.

Mark Renouf
Principal
Dear Parents/Guardian,

The Healthy Together Children’s Evaluation is an exciting study that is being conducted at your school. All Grades 4 and 6 students at your school are being invited to participate. This study will examine influences on healthy weight and related behaviours (physical activity, sedentary behaviour, diet quality and quality of life) among children and adolescents across Victoria. We ask that you please read the information carefully, so that you can make an informed decision about your child’s participation. We ask that you only return the OPT-OUT consent form should you and or your child decide NOT TO participate. We are using an OPT-OUT consent process whereby your child’s participation in this study is assumed unless you indicate via the return of the signed OPT-OUT consent form that you do not wish for your child to participate.

If you and your child agree to participate we would like your child to complete the following activities:
- Complete a brief physical activity, sedentary behaviour, food intake and health and wellbeing questionnaire;
- Have their height, weight and waist circumference measured in a private and professional manner with trained researchers;
- Some children will be asked to wear a match box sized activity monitor (accelerometer) on their right hip during waking hours for 7-days. They will need to return this monitor to school at the end of the week.

All activities will be conducted throughout a normal school day, in school time.

All information obtained in connection with this research that can identify your child will remain confidential. Your child’s data will be made anonymous during analyses, therefore, you child will not be identified in any report, publication or presentation.

Results of this study will provide information about effectiveness of current efforts to improve the health of Victorian children and adolescents. This information will be used by educators, policy makers and researchers in future efforts to improve the health of Victorian children and adolescents.

If you require further information or have any problems or concerns regarding this research, you can contact Dr Claudia Strugnell.

With warm regards,
Claudia Strugnell
Research Fellow, World Health Organization Collaborating Centre for Obesity Prevention,
Deakin Population Strategic Research Centre
Geelong Waterfront Campus, Deakin University
Locked Bag 20000,
Geelong Vic, 3220
PH: (03) 5227 8483
Parents’ Club Events for Term 3
Thursday 21st August—Hot Roll Day
Tuesday 2nd September—Fathers Day Stall
Friday 5th September—Fathers Day Raffle
Parents’ Club Events for Term 4
Friday 17th October - 3:30pm—8:00pm School Fete

Parents' Club has raised enough money to fund the Fresh Fruit program thanks to your continuous help and support! We will continue to raise money to go toward our next goal.

We will be meeting every Wednesday morning to discuss and plan the forthcoming Fete.

To anyone and everyone who volunteered their time and are able to make it, we would appreciate your help.

We are having a hot roll day on Thursday, 21st August. All the roast meat will be ordered and supplied through Reddy Roasts, Frankston, therefore no late orders will be accepted. We also have vegetarian options and gluten free options. Don’t forget to return your order forms with a paper bag before Thursday 14th so you don’t miss out.

We are currently seeking donations toward our Fathers’ Day Raffle. Any items can be handed in to classroom teachers.
The Parents’ Club cannot operate without the generosity of the community and parents and all donations received. Thank you to all the parents who have kindly donated towards our fundraising so far, and thank you to the following businesses who have supported our school and donated. Please keep them coming and we look forward to receiving more.

Fete Sponsor - Curious Minds Family Day Care
Belar Ave, Frankston
www.facebook.com/CuriousMindsFDC
curiousmindsfdc@gmail.com

Major Fete Sponsor
TAXIBOX MOBILE SELF STORAGE

P 1300 87-60-87 | W taxibox.com.au
4/372, Lower Dandenong Rd, Braeside VIC 3195
mobile self-storage | commercial storage | moving | packing supplies

Fete Supporter - Bank of Melbourne
Karingal Hub, Frankston

Bank of Melbourne
Art News
This semester in the Art room, the senior school are doing a craft activity using old water bottles.

If you have any old water bottles at home (Evian, Mount Franklin etc.) that you no longer need, it would be greatly appreciated if you could send them to school. Small or large bottles are fine for this activity.

Thanking you in anticipation
Kylie Shaw

Canteen News

Price Increases
Please note Potato Cakes and Dim Sims have increased to $1.00 each

Hot Potato Cakes!
Hot Potato Cakes $1.00 each are available each recess

Hot Dog ‘N’ Drink on Mondays

Special lunch on Mondays only—
Hot Dog ‘N’ Drink $5.00

Thank you to all our parents who are supporting the Canteen.
Congratulations to the following students who have been presented with Merit Awards!

PG - Kate S
1K - Herraj J
2B - Stephanie U
3H - Emily S, Annalise M
4D – Hope T
5B - Josh S
6B - Ashley D, Cooper M

PM - Te Huia T
1R - Aiesha M
2C - Chase M
3J - Khiren W
4R - Maddison M
5S - Jaida R
6S - Anna N, Charlotte T

Fruit trees
A big thank you to some of our Parents’ Club members and students who planted quite a number of beautiful fruit trees in our school grounds. We will watch in anticipation of their growth.
Tips for staying active this winter!

Exercise Induced Asthma (EIA) is a common trigger for asthma. However, it does not need to be a barrier to Students participating in sports and physical activities.

Here are some tips to help prevent EIA in students:

**Before Exercise** take reliever medication 5-20 minutes **before** warming up.

**Warm Up** before exercise as normal.

**During Exercise** watch for asthma symptoms and administer reliever medication if they should occur. Only return to exercise if symptoms are relieved. If symptoms appear again, administer medication again, until they are relieved. It is not recommended that the Student should return to the sporting activity after a second occurrence of asthma symptoms.

**After Exercise** cool down as usual. Note that asthma symptoms can present up to a half an hour after exercise has stopped. Ensure reliever medication is still easily accessible should it be required.

Other things to remember:

- Ensure all students have current Asthma Action/Care Plans
- If possible make activities that are scheduled for the night indoors as the drop in air temperature makes air colder to inhale and acts as a greater trigger.
- Encourage students with asthma to participate fully!

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**How to get started** — Before using our programs, you must register online for an account. Registering is quick and easy. Please visit our website to begin: [www.campaustralia.com.au](http://www.campaustralia.com.au)

**Once registered** you can make bookings and cancellations, view your statements and manage your details any time of the day online. Please keep in mind we are able to take bookings at short notice to help busy families.

**Save on care** — You can save 50% or more on Before and After School Care fees with the [non-means tested](http://www.campaustralia.com.au) Child Care Rebate. Almost all families are eligible. To find out more, call our Customer Service Team on 1300-105-343 Monday to Friday.

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**Outside School Hours Care with Camp Australia**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>OUTSIDE SCHOOL HOURS CARE HIGHLIGHTS</strong></td>
<td><strong>Computer Lab</strong></td>
<td><strong>Kids’ Yoga</strong></td>
<td><strong>Art &amp; Craft</strong></td>
<td><strong>Movie Day</strong></td>
</tr>
<tr>
<td></td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>‘Space Buddies’</td>
</tr>
</tbody>
</table>

**NEWS**

This week all the children enjoyed playing ‘cool’ Maths games in the Computer Lab, and doing Yoga in the morning.

For bookings, please log on to: [www.campaustralia.com.au](http://www.campaustralia.com.au)

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**Star of the Week**

*Maddison G.*

**OSHC Co-ordinator:** Mikaela Ramsay

**Phone** 0402-354-584
Guitar Tuition
with Glen Vinton

Please note:
Due to unprecedented demand, all available positions for Guitar Lessons at school are currently full — but, if your child is interested, they can:
(a) put their name on a waiting list, or
(b) private lessons are available at my house in Hastings.

Contact numbers: 5979-4575
Mobile: 0437-440-265
Email: glen@x1osivguitartuition.com.au

Glen Vinton
x10sivguitartuition.com.au
The school sincerely appreciates the sponsorship of both our school newsletter and school website by a variety of businesses, but please be aware that the school is not permitted to endorse or recommend any businesses.

Karingal Drive Dental Clinic

*Treatment to leave you smiling*

**BULK BILLED** treatment to all eligible patients aged 2-17
Participant in the Child Dental Benefits Scheme

Call today for an appointment:

9789 9779
46 Karingal Drive
Frankston VIC 3199

karingaldrivedentalclinic@gmail.com

School term dates 2014-2017

2014
Term 3: 14 July to 19 September
Term 4: 6 October to 19 December

2015
Term 1: 28 January (school teachers start) to 27 March *
Term 2: 13 April to 26 June
Term 3: 13 July to 18 September
Term 4: 5 October to 18 December

2016
Term 1: 27 January (school teachers start) to 24 March *
Term 2: 11 April to 24 June
Term 3: 11 July to 16 September
Term 4: 3 October to 20 December

2017
Term 1: 30 January (school teachers start) to 31 March *
Term 2: 18 April to 30 June
Term 3: 17 July to 22 September
Term 4: 9 October to 22 December

* The first day of Term 1 is a student-free day in all government schools to allow for appropriate planning to take place for the arrival of students. Each year government schools are provided with four student-free days for professional development, school planning and administration, curriculum development, and student assessment and reporting purposes. The remaining three student-free days are determined by each individual school, so contact your school for details.

** Please check with your school when other student-free days will occur throughout the school year.