Making social skilling (which entails the understanding and control of behaviour) a key focus of home and school life can only assist every other area of a child’s development. Developing the skills of critical thinking will help children to analyse and understand their own behaviour and that of their peers. Verbal reasoning is essential if children are to be able to explain their actions and feelings. Developing literacy skills allows children to write down and reflect on their own experiences. All of this takes time and we must give it the time it needs in both school and home. We cannot leave the learning of emotional intelligence and social competency to chance. We’re not going to get very far if we only tackle it when our children do something wrong, or offer advice only when conflict or crisis occurs, nor will speeches at assembly about the value of good behaviour, or catch phrases stuck up on walls and fridge doors give us the results we need.

We need to make emotional intelligence an integral part of the curriculum and home life. It takes time to develop these skills and children learn them mainly through small but important lessons over many years. If we want children of good character, we must immerse them in schools, homes and communities where the lessons about emotions and behaviour are repeated many times. Repeated until they become absorbed deeply into the makeup of each and every child.

Once there, these important understandings will keep our children safe in times of crisis, conflict, confusion and pain. They will kick in to guide our children’s actions, words and thoughts in a way that is considerate of themselves and others.

As teachers and parents, we are a constant example to our children of emotional intelligence. How we handle our classroom and our families act as a model of the skills we wish to impart. To do the job well, we need to be comfortable talking about feelings, those of others and our own. Little training is offered to either parents or teachers in developing emotional intelligence.

I greatly admire those adults who take it upon themselves to gain these skills from any source they can, and attempt to change and improve their methods for the sake of the children in their care. Those Mums and Dads who talk about the skills they lack and need especially impress me. It’s even more impressive when they work together to improve and change old habits, adopt better ways and rise to the challenge of better role modelling. The more closely teachers, parents and communities work together on the development of emotional intelligence in our children and ourselves, the better will be the results.

Excerpt from ‘Children Aren’t Made of China’ by Wilson McCaskill
CHILDREN TRANSFERRING TO NEW SCHOOLS IN 2016
(excluding Year 6 students)

To assist us with our preliminary planning for Year 2016, we need to have fairly accurate estimates of student enrolment. It is important that we know about any families who are presently at our school but intend to transfer to another school in 2016.

Please return this form to school as soon as possible.

(Please return form to school office)

CHILDREN IN YEARS PREP TO 5 TRANSFERRING TO OTHER SCHOOLS IN 2016

My children will be transferring to:

........................................................................... Primary School

Children’s names:
........................................................................... Grade ...
........................................................................... Grade ...

Parent/guardian’s signature:
...........................................................................

NOTICE TO PARENTS
MONDAY, 30th NOVEMBER
CURRICULUM DAY

A Curriculum Day has been approved by School Council on Monday, 30th November for a planning day for teachers, therefore students will not be in attendance on this day.

AFTER SCHOOL CARE
EXPRESSION OF INTEREST FOR CURRICULUM DAY
MONDAY, 30TH NOVEMBER

Camp Australia (OSHC) After School Care is looking to offer Ballam Park PS students out of school hours care on the Curriculum Day, Monday, 30th November from 7.00am to 6.00pm in the school hall.

If you would like your child to attend on the Curriculum Day, please fill out and lodge an Expression of Interest form which is available at the school office.

Judi Sullivan
Camp Australia OSHC Coordinator
**Sport News**

**School Sport Victoria State Athletics Carnival**
Four Ballam Park PS students competed in the SSV State Athletics Finals on Monday 26th October at Albert Park in Melbourne.
Teah W (100m and 4x100m relay), Josephine T (4x100m relay), Trinity S (4x100m relay), and Hanna P (4x100m relay) had progressed through district, division and region events to yet again reach the State Finals.
Three of these four girls were attempting to become 3-time State Champions after winning the 4x100m relay final in both 2013 and 2014.
Teah won her 100m heat in the morning to advance to the State Final in the 11 year old girls age group.
The four girls soon after teamed together in their 4x100m relay heat where they came 2nd to yet again advance to the State Final for the 3rd year in a row.
In her 100m final, Teah came 3rd but still goes through to represent Team Vic in the National Finals in Canberra. Fantastic effort Teah!
In the 4x100m final, the girls just came short of becoming 3-time State champions but ran a fantastic race to come 2nd and receive a silver medal.
Congratulations Teah, Hanna, Trinity and Josephine on your outstanding efforts. You have all worked so hard with your training, and should be extremely proud of all you have achieved.
Special thanks to our school’s Running Club coach Shaun Penny for his wonderful work coaching the girls.
We will be organising fundraising events at school in the coming weeks to help Teah and her family get to Canberra for the National Titles.

Congratulations also to one of our past BPPS students and 2013 National Champion Carys W, now in Year 7 at McClelland College, who again advanced to the National Titles to join sister Teah. Well done Carys.

2015 SSV State Silver Medal 4x100m relay team: Trinity S, Hanna P, Josephine T and Teah W.
VPSOC Eastern Zone Orienteering Championships
51 Years 3 – 6 students will tomorrow participate in the Eastern Zone Orienteering at Cardinia Reservoir Park in Narre Warren East.

These students received a reminder notice yesterday. We will be leaving at 9.00am sharp tomorrow. Hopefully the weather is kind and our students have an enjoyable time competing in their orienteering events against other schools.

Walkathon
Luckily we managed to somehow avoid the showers and complete our school Walkathon last Friday morning.

All students who took part looked fantastic in their “Into the future” costumes, and are to be congratulated on their wonderful efforts, completing as many laps as possible. It was great to see so many parents there as well to join in the fun!

Students should have received their returned sponsor forms signed by their class teacher with the number of laps completed, and can now begin to collect money from their sponsors. We will present prizes to those students who raised the most money at our school assembly on Friday 4th December.

All money raised from the Walkathon will go towards equipment and activities for students to use at school.

A big thank you to all staff for their assistance, in particular our Walkathon committee of Miss Hodkinson, Mrs Burrows and Miss Kewley, and to those Year 6 students who assisted setting up in the morning.

Years 3 – 6 Swimming Program
All Years 3 – 6 students have received notices outlining details for their Swimming and Water Safety Program to be held at PARC in the first week of December:
- Years 3 and 4: Tuesday 1st and Wednesday 2nd December
- Years 5 and 6: Thursday 3rd and Friday 4th December

Students will have 2 x 45 minute sessions conducted by the qualified instructors at PARC to further their swimming and survival skills in the water.

Could parents please make every effort to return permission forms and money to school as soon as possible so we can finalise numbers for the pool.

2016 Years 5/6 Camp
We are pleased to announce that we have booked Grantville Lodge as our camp venue for our Years 5/6 students next year. The camp will be held over three days in the last week of Term 1.

This is the same venue as our Years 5/6 Camp last year.

Students will participate in a number of activities including canoeing, ropes course, bush cooking, flying fox, hut building and orienteering.

We will send home information to parents in the coming weeks, outlining dates, itinerary and costing for the camp.

Hopefully as many students as possible can attend what should be a wonderful experience.

Darren O’Brien
Sports Coordinator
Annual Walkathon
Friday 6th Nov
Congratulations to the following students who have been chosen as our Students of the Month for October 2015

- Zara B - Prep G for Persistence
- Charlotte K - 1R for Getting Along
- Adam J - 2B for Resilience
- Connor F - 2V for Getting Along
- Charlotte N - 3J for Organisation
- Braiden S - 4D for Getting Along
- Madi B - 5S for Persistence
- Josephine T - 6S for Getting Along
- Mason W - Prep M for Getting Along
- Summah B - 1B for Confidence
- Akira N - 2C for Confidence
- Jaxon B - 3H for Confidence
- Thomas C - 4R for Organisation
- Jannali A - 5K for Persistence
- Matilda H - 6B for Persistence

**Merit Awards**

PG - Noah E
1B - Jayden W
2B - Angel P
2V - Tatjana R
3H - Ashlee W
4D - Mikaela M
5K - Bryanna B
6B - Campbell J, Brodie J

PM - Alex L
1R - Kyle L
2C - Luke H
3J - Zander W
4R - Jaylen W
5S - Teah W
6S - TJ S, Trey C

**School uniform change**

A reminder that our uniform change-over period finishes at the end of this year. All students will be required to be in the new, blue polo shirt as of the start of Term 1 in 2016. These polo shirts can be purchased at PSW which is located at 21 Playne Street, Frankston.

The yellow polo shirts will no longer be able to be worn next year.

It’s Not OK To Be Away from school unless you are unwell.
Raising Mighty Boys

Understanding what makes boys tick is the key to teaching and raising them. Here are twelve essentials in order to connect with our sons and help raise well-adjusted boys.

Raising and educating boys is a hot topic in Australia and other parts of the world. From my experience those adults who do best teaching and raising boys have a significant understanding of what makes boys tick.

Here are twelve key understandings that will help you regardless of your gender or family situation raise well-adjusted boys:

1. **You must like them**
   Approval is at the heart of raising boys. Most will walk over hot coals for you if they know you like them. In a sense, this need for approval holds many boys back in school, as they can shut down for a teacher who doesn’t like them. If you can feel comfortable with their bumptiousness, live with their lack of organisational skills, and not be confronted by their in-your-face ways then the chances are that they’ll respond to you.

2. **Boys like to blend in**
   Boys are group-oriented by nature. They want to fit in. They tend to play group games and form themselves into structured groups. Boys don’t want to stand out from the crowd. Don’t put them down in front of their friends and understand that they make poor friendship choices rather than be in a group of one. They’ll generally prefer the wrong friends rather than no friends at all.

3. **They are hierarchical by nature**
   Boys need limits and boundaries as they make them feel safe and secure. They like to know someone is going to enforce those rules, so don’t be afraid to take the lead with them.

4. **Many boys hide behind a mask**
   Some boys wear a mask to protect them from being hurt. The mask can take many guises including ‘tough nut’, ‘cool dude’ and ‘class clown’. Refuse to communicate with the mask. Make them feel comfortable, joke with them, even tickle them. Do whatever you can to get behind the mask.

5. **Boys are just as sensitive as girls**
   Despite the fact that research shows that boys are more easily stressed and more fragile than girls parents will ask daughters how they feel more often than they ask sons. Also when daughters get hurt, parents tend to comfort them more than they comfort sons. Boys are sensitive you just need to use different language to get them to open up than you do with girls. For instance, a boy will more than likely tell you how he feels if you ask him how he thinks about something. Also, he generally needs more time to process his feelings so bedrooms can become their caves that they’ll retreat to when they need the space to work out what’s going in their hearts.

more on page 2
... Raising Mighty Boys ...

1. Boys are tactile by nature
   Ever noticed how little boys are more likely than little girls to pop new objects in their mouths. That’s because taste and touch are two important ways that they take in the world. That tactile nature of boys needs to be nurtured, not ignored. One way is to hug them—lots. Boys need to be touched two to three times as much as girls to release the same amount of oxytocin (a feel-good chemical in the brain) that is released during a hug.

2. Boys learn from experience
   Many parents know the extreme frustration that comes from imparting their wisdom on to their sons, only to see it completely ignored. If you hare boys in your life then you need to get used to the fact that boys like to learn many of their life lessons for themselves. Experience, for better or worse, is a teacher that many boys can relate to.

3. Loyalty is a high driver
   Understand that a boy’s loyalty to his friends and family is a key driver and you’ll unlock the key to the male psyche. They are incredibly influenced by their peers, which can hold them back, stopping many from getting too far ahead of the pack. Loyalty also gets many boys into strife with authority.

4. Call a boy’s sister or friend an insulting name and you’re asking for trouble!

5. Many boys’ mouths don’t work unless they are moving
   If you want to have a serious or personal conversation with a boy then you are better off joining him on a wall. Face-to-face conversations can make them feel awkward, whereas shoulder-to-shoulder chats or conversations that happen during a game or activity seem to flow more naturally.

6. Boys need social scripts
   Most boys need some didactic teaching about how to act and what to say to others at some stage in their life. Don’t be afraid to tell boys of any age exactly what to say in new social situations as they can often struggle to find the words and the way to get their messages across.

7. A boy’s brain mature differently than a girl’s brain
   The maturation rate and sequence is different for boys than girls. For instance, the brain developments in the first five years of life prepares girls for the rigours of school better than it does for boys. A girl’s brain in that period is busy developing fine motor skills, verbal acuity and social skills, which are highly valued by parents and teachers. A boy’s brain, on the other hand, is busy developing gross motor, spatial and visual skills, which are essential hunting skills. Unfortunately, there isn’t a great need for those traits in primary schools these days.

There’s no doubt that raising boys tends to be more of a challenge for parents than raising girls. Understanding and appreciating the differences is a great start. However I think parents who really connect well with boys somehow develop the wisdom to step as well as speak up at the right time, and the smarts to know when to stand back and allow their sons to work things out for themselves.

Michael Grose

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.
Make use of your spare room and host an international student

HOMESTAY FAMILIES WANTED!

- Is your family looking for an exciting and unique experience?
- Are you interested in broadening your horizons and learning about another culture?
- Are you interested in giving an overseas student your version of the 'Aussie' family experience?

If so, then hosting one of our incoming international students may be for you!

Commencing January 21st 2015
(Financial compensation provided)
A Working with Children Check will need to be undertaken

For more details please contact Brendan Hickey on: 9789 4514 or email her at: hickey.brendon.h@edumail.vic.gov.au

Almost all families are eligible. To find out more, call our Customer Service Team on 1300-105-343 Monday to Friday.

How to get started — Before using our programs, you must register online for an account. Registering is quick and easy. Please visit our website to begin: www.campaustralia.com.au

Once registered you can make bookings and cancellations, view your statements and manage your details any time of the day online. Please keep in mind we are able to take bookings at short notice to help busy families.

Save on care — You can save 50% or more on Before and After School Care fees with the non-means tested Child Care Rebate. Almost all families are eligible. To find out more, call our Customer Service Team on 1300-105-343 Monday to Friday.

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<th>OUTSIDE SCHOOL HOURS CARE HIGHLIGHTS</th>
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We have been making hand crafted gifts which will be sent to the underprivileged children in Africa.

For bookings, please log on to: www.campaustralia.com.au

STAR OF THE WEEK:

“Angus A”

for settling into After School program so well

OSHC Co-ordinator: Judi Sullivan
Phone 0402-354-584

Outside School Hours Care with Camp Australia
PINK RIBBON
‘Girls Night In’
CHRISTMAS MARKET
Hosted by Ballam Park Pre-school
Friday 20th November from 7pm - 11pm
Hall of Ballam Park Primary School (Enter at Belair Ave Frankston)
Fundraising for both the kinder and Cancer Council Victoria (all proceeds shared equally)

Invite your Girlfriends, Mums, Sisters, Aunties, Daughters and more

$10 entry AT THE DOOR
• A wide variety of stall holders
• Raffles and door prizes

For more info call Gemma on 0411 988 322
or Ange on 0416 290 700

SEASON 2016
KARINGAL NETBALL CLUB
Needs you!!
Are you aged 6 1/2 & up
On-line registration available at www.karingalnetballclub.com.au

Training Tuesdays 4:00 pm - 5:15 pm
Game Days Saturday commencing March 2016
Jubilee Park Netball Courts
Training will be from February 1st Mondays at Somerville - Jones Road as Jubilee Park courts
Are having a refit and when finished training
Will resume Tuesdays, back at Jubilee Park.
All new registrations welcome!
www.karingalnetballclub.com.au

Manda: 0415 954 197
Kerrie: 0416 031 835
Vicky: 0404 093 668

PRIMARY MUSIC INSTITUTE
Instrumental Music Lessons - Small Group And Private Lessons

Keyboard Lessons At Your School
• Enrol TODAY – via PMI’s website OR enrolment forms available from the school front office
• Lessons are held once per week on school campus – with lessons during and outside of school hours
• Only $13.50 per child per small group lesson (typically 3-5 students for 30 minutes)
• Our small group lessons provide a fun and affordable opportunity to learn instrumental music
• Private lessons also available ($32.50 per child for 30 minutes)
• Learning plan for all students via “PMI Stars” program – structured objectives with progress visibility
• PMI teachers supply keyboards and textbooks for lessons (students bring only PMI Stars workbook)
• Ten minutes per day of practice at home is all that is required to see improvement!
• Instrumental music can improve your child’s school results – including for reading, maths, coordination
• Limited spaces available for next term so please enrol ASAP (timetables are prepared during the holidays)

COMMUNITY NOTICEBOARD

The school sincerely appreciates the sponsorship of both our school newsletter and school website by a variety of businesses, but please be aware that the school is not permitted to endorse or recommend any businesses.

Guitar Tuition
with Glen Vinton

On a musical note... On a musical note... On a musical note... On a musical note...

There are vacancies available for 1/2 hour guitar lessons at school on MONDAYS and THURSDAYS. Please ask at the office for an ‘expression of interest’ form or, alternatively, ring Glen on 5979-4575 or 0437-440-265 for more information. Private lessons are also available at my house in Hastings.

Glen Vinton
xiOsivguitartuition.com.au
Ph: 5979-4575 or 0437-440-265Email: glen@xiOsivguitartuition.com.au

Frankston
For a Free brochure
FREECALL 1800 35 14 15
Or visit
www.cricketcoaching.com.au
for more information