‘Step into Prep’
Session 4 for 2017
Term 4

Tuesday 8th November.....
..... is when our next session will take place next!

2:30 - Parents and children gather in the Hall
2:40 - Parent Information Session 4: Welfare, Wellbeing and Support Staff

Focus areas:
- Our School Values: John Mace (Principal)
- Play is the Way: John Mace
- Classroom, Yard Duty and Yard Behaviour Management: Lee Street
- PSD/Funded program: Lee Street
- Students Support Group Process: Lee Street
- Additional support staff available for your child and how they operate in the school:
  - Speech Pathologist
  - Social Worker
  - Psychologist
  - Chaplain Programme

Student Session:
- Performing Arts: Jan Beilken - Students get to experience a Performance Arts session and meet the specialist teacher.

Other Sessions
- Tuesday 22nd November 2:30pm
- Transition morning: Tuesday 6th December 9:30-11:00am

Foundation/Prep students for 2017 can come and experience school with mums, dads, aunts, uncles, grandparents or carers.

Come and enjoy craft, music, stories and developmental play.
A great opportunity to connect with other families and help your child prepare for school.

For further information or bookings please contact our office on 9789 5614. Ballam Park Primary School Gate 1, Belar Avenue, Frankston
A Ballam Park Primary School
Year 6 Musical Production

Performance date:
Friday
18th November

Showtime:
7.00 p.m.

Venue:
McClelland Secondary College Performing Arts Centre

Tickets:
Adults $10
Children $5
(On sale Now)
Can you help...Lost School Uniform

Following discussion at the last School Council meeting on 17th October, Councillors would like to request that all parents please check the name on their child’s uniform, and also ensure that all school uniform items are clearly labelled (preferably on the back of school logo stitching).

Thank you, Ballam Park PS School Council

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**Story Dogs Needed!**

Ballam Park Primary School would love to have this unique Reading Support Program helping our students to become lifelong readers.

Our teachers will love this program, our students will be excited to read and the program works!

- Do you have a dog that is well behaved, gentle and is happy around children?
- Can you spare a couple of hours a week?

Please call or email Story Dogs so you can start helping our children to become better readers. Or contact me for further information on 9789 5614.

Lee Street

info@storydogs.org.au
phone: 0411 536 355

website: www.storydogs.org.au

**CURRICULUM DAY**

Monday, 28th November

A Student Free Day has been approved by School Council on Monday, 28th November for the purpose of Whole School Planning for teachers, therefore students will not be in attendance on this day.

**IMPORTANT DATES 2016**

**NOVEMBER**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tues 8</td>
<td>Yrs 1, 2 &amp; 5 Scary Little Spiders STEP INTO PREP session 2.30pm</td>
</tr>
<tr>
<td>Fri 11</td>
<td>Eastern Zone Orienteering Years 3-6</td>
</tr>
<tr>
<td>Tues 15</td>
<td>Parents &amp; Friends’ Assoc Mtg 9am</td>
</tr>
<tr>
<td>Fri 18</td>
<td>YEAR 6 MUSICAL PRODUCTION “Dreams” 7pm McCelland SC Performing Arts Ctr</td>
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<tr>
<td>Tues 22</td>
<td>STEP INTO PREP session 2.30pm</td>
</tr>
<tr>
<td>Fri 25</td>
<td>Working Bee 3.30-7pm &amp; Sausage Sizzle</td>
</tr>
<tr>
<td>Mon 28</td>
<td>STUDENT FREE DAY</td>
</tr>
<tr>
<td>Tues 29</td>
<td>Parents &amp; Friends’ Assoc Mtg 9am</td>
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**DECEMBER**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Tues 6</td>
<td>PREP 2017 TRANSITION MORNING 9.30am-11.00am Statewide Yr7 Sec College Orientat’n Day</td>
</tr>
<tr>
<td>Tues 13</td>
<td>Christmas Concert Parents &amp; Friends’ Assoc Mtg 9am</td>
</tr>
<tr>
<td>Wed 14</td>
<td>Year 6 Graduation</td>
</tr>
<tr>
<td>Mon 19</td>
<td>Year 6 Activities Day</td>
</tr>
<tr>
<td>Tues 20</td>
<td>Last day of Term 4, 2.30pm dismissal</td>
</tr>
</tbody>
</table>

**CHILDREN TRANSFERRING TO NEW SCHOOLS IN 2017**

(excluding Year 6 students)

To assist us with our preliminary planning for Year 2017, we need to have fairly accurate estimates of student enrolment. It is important that we know about any families who are presently at our school but intend to transfer to another school in 2017.

Please return this form to school as soon as possible. Thank you

(Please return form to school office)

**CHILDREN IN YEARS PREP TO 5 TRANSFERRING TO OTHER SCHOOLS IN 2017**

My children will be transferring to:

<table>
<thead>
<tr>
<th>Children’s names:</th>
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</thead>
<tbody>
<tr>
<td>Grade .....</td>
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<tr>
<td>Grade .....</td>
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</tbody>
</table>

Parent/guardian’s signature:

<p>| |</p>
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</table>

(Please return form to school office)
Parents of students from Years 1, 2 & 5 are invited to attend a special performance of...

SCARY LITTLE SPIDERS
Tuesday 8th November
at 10.15 am
The Peter Williams Hall

This will be followed by another performance at 11.45 am for all students from Foundation and Years 3, 4 and 6 who are permitted to come to school in FREE DRESS for the day.
Admission for students attending the show is a gold coin donation.
All money raised will be used to support our Performing Arts Program.
Students from Years 1, 2 and 5 are reminded to wear their costumes to school on the day. Our dress rehearsal is at 9.00am sharp. Parents having any

THE YEAR 6 MUSICAL IS COMING!

Rehearsals for our Year 6 Musical, 'DREAMS,' have begun in earnest.
The Year 6 kids are singing and dancing every chance they get!
It promises to be a great show!

SPONSORSHIP OPPORTUNITIES

This year we are approaching local businesses for corporate sponsorship for our Year 6 Musical. If you operate, or work for, a business that would like to sponsor our Production we would greatly appreciate your support.

In return for your kind donation we would include your company details and logo in our musical program and on our hall foyer display board.

If you would like to take part in this exciting opportunity we would love to hear from you by Friday 4th November.
Thanking you
The Year Six Musical Production Team
Sport News

School Sport Victoria State Athletics Finals
Teah W from 5/6B competed in the 12/13 year old Girls 200m State Finals at Albert Park in Melbourne on Monday 24\textsuperscript{th} October against the best athletes from across Victoria. This is the third year in a row Teah has reached the State Finals after outstanding results at District, Division, and Region level. Teah won all these events against strong opposition to advance to State Finals. At the State Finals, Teah came 11\textsuperscript{th} in her group in the morning heats but unfortunately didn’t advance to the final. Nevertheless, it was a fantastic effort to make it to the State finals yet again and we are all very proud of her efforts. Well done Teah.

Term 4 Sporting Schools Programs
Our school has been successful again in receiving funding from the State Government’s Sporting Schools Program for Term 4. We will again run a Triathlon program for 24 Years 4 – 6 students which began this morning before school.

We have also planned a 4 week gymnastics program for all our Foundation students on Tuesday afternoons to begin on Tuesday 8\textsuperscript{th} November.

Eastern Zone Orienteering
Thank you to the many Years 3 – 6 students who returned their form and money to participate in the Eastern Zone Orienteering on Friday 11\textsuperscript{th} November at Healesville. Those who will be attending have been notified and will receive a final reminder notice next week outlining all details including their starting times.

3B and 3C Bike Ed
Students in 3B and 3C commenced their 6 week Bike Ed program last Thursday (27\textsuperscript{th} October). The Bike Ed program will be held every Thursday afternoon during Years 3/4 Sport sessions for the next 6 weeks, culminating with a group ride to Ballam Park playground.

Walkathon
We had perfect weather conditions for our re-scheduled Walkathon last Friday. It was great to see everyone (students and staff) dressed in their wonderful rainbow costumes, and doing their best to walk as many laps as they could in the allocated time.
Congratulations to the following students who were awarded best dressed prizes:

- Taylon V
- Lilleah C-H
- Keeley H
- Eloise P
- Abbey S
- Isaac W
- Mr Shotter!

- Chloe K
- Emily S
- Oliver B
- Caleb S
- Melanie A
- Aidan W
- Draeson H
- Kaitlin D
- Jacyma V
- Callum B
- Dominic P
- And of course,

All students received their sponsor cards back, with their stamping cards outlining how many laps were completed.

Students can now begin collecting money from their sponsors and return it to school over the coming weeks. The final date to return all sponsors money is: **Wednesday 30th November**.

We will announce the final prize winners at our school assembly on: **Monday 5th December**.

Thank you to all students for their outstanding efforts and behaviour at the Walkathon.

A big thank you to staff for their assistance, and to the many parents who came along to join in the fun.

Darren O’Brien, Sports Co-ordinator
Congratulations to the following students who have been presented with Merit Awards!

<table>
<thead>
<tr>
<th>Date</th>
<th>Foundation A</th>
<th>1-2A:</th>
<th>3-4A:</th>
<th>5-6C:</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/10/16</td>
<td>Kaylah W</td>
<td>Daniel S &amp; Jack G</td>
<td>Jaxon E</td>
<td>James M</td>
</tr>
<tr>
<td></td>
<td>Lincoln N</td>
<td>1-2B: Jacyntha V</td>
<td>3-4B: Callum B</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kobi L</td>
<td>1-2C: Kaylyn D-T</td>
<td>3-4C: Shantae J-P</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1-2D: Oscar M &amp; Rosie M</td>
<td>3-4D: Ocky W</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date</th>
<th>Foundation A</th>
<th>1-2A:</th>
<th>3-4B:</th>
</tr>
</thead>
<tbody>
<tr>
<td>17/10/16</td>
<td>Callan H</td>
<td>Connor F</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ben B</td>
<td>3-4C: Ryan W</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lailee-May A</td>
<td>3-4D: Levi R</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hannah S</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date</th>
<th>Foundation A</th>
<th>1-2A:</th>
<th>3-4A:</th>
</tr>
</thead>
<tbody>
<tr>
<td>21/10/16</td>
<td>Aila B</td>
<td>Riley O</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Martin W</td>
<td>3-4B: Mitchell W</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kevin Y</td>
<td>3-4C: Bethany E</td>
<td></td>
</tr>
</tbody>
</table>

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**October**

- **FA:** Nakeeta G
- **FB:** Paige H
- **FC:** Savana C
- **1-2A:** Oliver B
- **1-2B:** Jacyntha V
- **1-2C:** Koro J
- **1-2D:** Alexis C
- **3-4A:** Jaxon B
- **3-4B:** Marcus S
- **3-4C:** Ellouise M
- **3-4D:** Destiny J
- **5-6A:** Braiden S-P
- **5-6B:** Lily W
- **5-6C:** Eli H-G
After School Care News

Star of the Week:
Aila B for being considerate and kind to others

The children at Ballam Park PS OSHC had a wonderful time decorating their biscuits with Lolly “eyeballs and ears” for Halloween. We have been busy making friendship bracelets, decorating canvas bags and bookmarks for the children in Bangladesh. These will be sent from every Camp Australia service in Australia to Bangladesh to ensure that Christmas will be a fun time for the children of India.

Camp Australia has raised over $77000.00 for The Smith Family Appeal (Australia wide). Thank you to all the children who helped fundraise at Ballam Park PS OSHC.

Have a great week!
Judit Sullivan, Coordinator, Ballam Park OSHC, Camp Australia

Outside School Hours Care with Camp Australia

Camp Australia is committed to ensuring that children in our care receive a variety of healthy food choices to meet their nutrition requirements for a healthy body and mind.

We also ensure that our Educators are supported in their important role of helping children develop a positive attitude towards healthy choices. That’s why we’ve been working with Nutrition Australia’s Healthy Eating Advisory Service (HEAS) to develop an exciting new initiative—Camp Australia’s Healthy Eating Program.

Nutrition Australia evaluated our food and drinks menu against the Department of Health and Human Services’ Food and Drink Guidelines for Outside School Hours Care, and suggested some enhancements to ensure that children’s nutrition requirements are met and enable us to broaden the variety of nutritious food choices we can offer. So a new menu is now being offered to our young clientele.

RAIDERS
GET ACTIVE! it all starts here
Junior (6-13 yrs) / Senior (14+) / Mixed grades
FREE Come & Try Mini mods (u7s)

REGISTER NOW:
facebook
Frankston Raiders Touch Association
email
frankstonraiders@gmail.com
mobile
0407 366 733

2016 / 17
SUMMER TOUCH FOOTBALL
Starts 6pm Tuesday 8th November 2016
Havana Reserve, 12 Havana Crescent, Frankston

supported by VicHealth
State sport program
Ballam Park Primary School

Excerpt from

Bicycle Education and Cycling to School Policy

Rationale/Purpose:

To provide specific direction in relation to students riding bicycles to and from school, during Bicycle Education and for activities such as camp and as a supervised lunchtime activity.

Implementation

• Students in Year 3 will participate in a Bicycle Education Program of between 7 and 10 sessions. Students bringing bikes to school for this program, must be accompanied by an adult for the whole journey in both directions.
• Students in Years 4 to 6 may have opportunities to participate in supervised cycling activities at school, in the adjacent park or when on school camp.
• All students are permitted to cycle to and from school if accompanied by a supervising adult for the whole distance in each direction.
• Students must be in at least Year 4 to be permitted to ride to school unaccompanied by an adult.
• Parents are responsible to making the decision that their child who is in Year 4 or above is or is not capable of riding to and from school safely.
• The school provides an undercover, lock up area for student bicycles. It is kept locked during the school day. The school does not guarantee the security of bikes at school at any time.
• Students must wear a helmet at all times when riding to and from school and must walk their bike when in the school grounds.
• Any bike that is brought to school must be legally roadworthy and safe to ride.
• The school prefers that students do not scoot or skateboard to and from school. If a student skates or scoots to school, all the above stipulations apply as non-negotiable school rules.
Are you getting enough physical activity?

Physical activity should be an important part of every day and can take many different forms and occur in many different places.

Being active can happen at home, at school, at work and in the community, as part of leisure time, travel, active play, organised or non-organised sports, and games or during P.E.

The Australian Physical Activity and Sedentary Guidelines have the following age-specific recommendations for children:

- Birth – 1 year: daily supervised floor-based play “tummy or floor time”
- 1-5 years: at least 3 hours spread throughout the day (low to vigorous)
- 5-17 years: at least 1 hour of moderate to vigorous physical activity every day

Adults are recommended to be as active as possible and should aim for at least:

- 2½ to 5 hours moderate physical activity weekly
- 1 ¼ to 2 ½ hours vigorous intense physical activity weekly
- Muscle strengthening activities at least 2x per week.

All exercise is good exercise and increasing your physical activity level is good for your health.


<table>
<thead>
<tr>
<th>Low intensity</th>
<th>Moderate intensity</th>
<th>Vigorous intensity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Light walking</td>
<td>Brisk Walking</td>
<td>Race walking, jogging, running</td>
</tr>
<tr>
<td>Slow swimming</td>
<td>Water aerobics</td>
<td>Swimming laps</td>
</tr>
<tr>
<td>Tai-chi</td>
<td>Tennis (doubles)</td>
<td>Tennis (singles)</td>
</tr>
<tr>
<td>Stretching</td>
<td>Bicycling (slower than 16km/hr)</td>
<td>Bicycling (faster than 16km/hr)</td>
</tr>
<tr>
<td>Basic Yoga</td>
<td>Slow/ballroom dancing</td>
<td>Aerobic dancing</td>
</tr>
<tr>
<td>Roller skating</td>
<td>Walking the dog</td>
<td>Jumping rope</td>
</tr>
<tr>
<td>Pilates</td>
<td>Team sports</td>
<td>Hiking up steep mountain</td>
</tr>
</tbody>
</table>
Working With Children Check required for parent volunteers at BPPS

WORKING WITH CHILDREN CHECK (WWCC) What is it?

It is a legal requirement that all volunteers and workers involved in any school must have a WWCC. A WWCC can be obtained by completing the online application form at:


1. The applicant completes the online application after logging on.
2. To complete the process, the applicant then takes their required evidence to the Post Office.

When completing your application:

- You must provide true and correct information on the application form.
- You need to provide the Department of Justice with any additional information requested regarding your application or your application will be withdrawn.
- You will be giving the Department permission to obtain information that will help assess your eligibility to hold a WWC Check card.

Before you start child-related work:

You must apply for a WWC Check.

- You need to show your receipt to every organisation who engages you in child-related work.
- Organisations are obliged to make sure people doing child-related work have applied for and passed the WWC Check.
- Organisations are also obliged to make sure their workers are legally permitted to do child-related work while their application is being processed (see the next point)

Undertaking child-related work during the application process

Most people can undertake child-related work while their application is processed.

However you cannot if you:

- Have been charged with or convicted of a serious sexual, violent or drug-related offence known as a Category 1 or Category 2 offence in the Working with Children Act 2005 (the Act).
- Have previously been given a Negative Notice.
- Are subject to orders or reporting obligations under the:
  ⇒ Sex Offenders Registration Act 2004
  ⇒ Serious Sex Offenders Monitoring Act 2005
  ⇒ Serious Sex Offenders (Detention and Supervision) Act 2009
  ⇒ have applied for the Check to supervise a child in employment under the Child Employment Act 2003
  ⇒ have applied for the Check for work regulated by the Education and Care Services National Law 2010 (Victoria)
  ⇒ Some other organisations also require their staff and volunteers to pass the Check before commencing work. You need to check this with your organisation.

IMPORTANT

- There is no charge for Volunteers.

We value parent/carer help in our breakfast mornings, organised days, activities, excursions, incursions, working bees and classroom happenings, but please understand that without a WWWC we cannot include you.

Please see the office or speak to your child’s class teacher if you require assistance to complete this form.

Update your details

It is essential that you always keep your details up to date.

You must advise the Department within 21 days if you change the organisation that engages you in child-related work.

You must also notify the Department within 21 days of changes to your personal and contact details.

You can update the following details online through MyCheck:

- Address
- Phone numbers (work, home or mobile)
- E-mail address
- Organisation details
- Occupational codes.
Quit for the kids

If you have children in your life, whether you like it or not, you are probably a role model to them.

 Quitting smoking sets a great example for your children, reducing the chance that they will take up smoking themselves.

 Talking with your children about how hard quitting is will make them think twice about taking up smoking themselves. As a non-smoker you'll also have more energy and more money to spend too.

 Smoking kills one in four smokers in middle age. This is the time when kids really need their parents. Quitting now will increase your chances of being there as your children become adults and have children of their own.

 The decision to quit smoking is a personal one but it is important to remember that your smoking also affects those around you.

 We now know that children’s delicate airways are sensitive to smoke on clothes, hair and skin after you’ve smoked. It can be hard for parents to fully protect them from the harmful effects of smoking.

 The number one way to improve your own health and ensure the health of your family is to quit.

 For further information call Quitline on 137 848 or Peninsula Health Quit Smoking Support Services on 1300 665 781.
The school sincerely appreciates the sponsorship of both our school newsletter and school website by a variety of businesses, but please be aware that the school is not permitted to endorse or recommend any businesses.

**Free Breaky Club**
open every morning
8.15-8.45am

Our free Breaky Club operates every morning, Monday to Friday, from 8.15am to 8.45am in the Canteen.

The aim of the Breaky Club is to encourage all students to eat a healthy and nutritious breakfast. There is a limited menu consisting of toast, Vegemite, cheese, Weetbix, two fruits, Milo, Yoghurt and fresh fruit.

Everyone is welcome!

We look forward to seeing your child/children at Breaky Club!

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**School term dates 2016-2017**

**2016**

Term 4: 3 October to 20 December

**2017**

Term 1: 30 January (school teachers start) to 31 March *
Term 2: 18 April to 30 June
Term 3: 17 July to 22 September
Term 4: 9 October to 22 December

* The first day of Term 1 is a student-free day in all government schools to allow for appropriate planning to take place for the arrival of students. Each year government schools are provided with four student-free days for professional development, school planning and administration, curriculum development, and student assessment and reporting purposes. The remaining three student-free days are determined by each individual school, so contact your school for details.

** Please check with your school when other student-free days will occur throughout the school year.


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**5 Cent Fundraiser**

The Parents & Friends’ Association is conducting a 5 Cent Fundraiser for the whole of Term 4.

We would love students to join in by bringing any spare 5 cent coins to school for their class collection each week. The class that has collected the most 5 cent pieces at the end of this term will receive a special treat from the PFA. We hope you can help us to raise funds for our school by sending your small change...it is surprising how quickly it all adds up!

Thank you for your support
Parents & Friends’ Association

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NOTIFICATION OF STUDENT ABSENCES

It is requested that parents please ring the school on 9789-5614, prior to 9.30am, to advise if their child will be absent.