‘Step into Prep’

Sessions for 2017
Terms 3 & 4

- Tuesday 13th September 2:30
- Tuesday 11th October 2:30
- Tuesday 25th October 2:30
- Tuesday 8th November 2:30
- Tuesday 22nd November 2:30
- Transition morning: Tuesday 6th December 9:30-11:00

Please meet in the Ballam Park School Hall

Prep students for 2017 can come and experience school with mums, dads, aunts, uncles, grandparents or carers.

Come and enjoy craft, music, stories and developmental play.

A great opportunity to connect with other families and help your child prepare for school.

Priority given to:
Class sizes, high quality teaching & learning

Please note the date for Prep 2017 Transition morning for all children enrolled in Ballam Park Primary School will be on

Tuesday 6th December
from 9:30am-11:00am

Children will meet 2017 teaching staff and their future classmates. Adults will be invited to attend information sessions during these times.

For further information or bookings please contact our office on 97895614.

Ballam Park Primary School
Gate 1, Belar Avenue, Frankston
School Council - Report to the School Community.

Meeting held Monday 22
nd August, 2016

As School Council President, my aim is to engage and involve the School Community and promote meaningful parent/carer and community participation. This report that touches on the key issues and ideas that were discussed by our Councillors at our latest meeting allows our School Community the opportunity to stay informed and continue to strengthen the confidence and sense of pride in our school.

There are always many important items listed on the agenda for discussion, all of which are aimed at providing the best possible educational outcomes and learning environment for all students.

Listed below are some of the ideas and issues raised at our latest meeting.

* Disco Bingo fundraising night.

Tickets are now available to purchase from the front office staff, and hopefully you’ve noticed the posters up around the school and on the school gates. This will be a super fun night for parents, carers, staff and the wider community to dress up in their finest disco outfit and enjoy a few drinks with friends while raising money for Ballam Park Primary School.

*Schools Tree Day – Friday 29 th July, 2016

Schools Tree Day was a huge success. 100 grasses were donated by the Indigenous nursery through Frankston City Council and planted in the garden near the ‘boom boom room.’

Miss Bruce and one of our wonderful parents, Ian, assisted the students with planting throughout the day and it was a lot of fun. Thank you to Miss Bruce, Ian and everyone who helped out on the day, the garden looks great.

*New Policies

Several policies were presented to School Council at this meeting, all of which were read and opened up for discussion and/or queries by Council members. These policies were then endorsed and ratified by School Council members.

Tamara McDonald
School Council President
REMINDER
WORKING BEE
This Sunday, 28th August

• We start at 9:00am and finish early afternoon, approximately 1:30pm.
• We would greatly appreciate it if you all turned up at 9:00am and worked for three hours. (Not including Morning Tea and the Sausage Sizzle)
• We appreciate your attendance as it adds to our ever increasing community spirit.
• Our theme for this Working Bee is simple...We are going to continue to clean and maintain a standard of cleanliness, plus a few other projects, so please consider joining in!

What will we be doing?

- Maintaining work completed during the last Working Bee
- Beautification of garden beds, weeding, digging and churning over soil.
- Removal of debris from around the school, behind buildings, along fence lines and placing it in the bin
- (to be supplied)
- Trimming back of branches along the fence line that overhang our fence area
- Sweep, rake and blow leaves from both basketball courts, all the paths, both front and back
- Clean out drink troughs and scrub mold
- Removal of dead plants and debris from around the school
- Rake soft fall in and around all play areas. We need to level this out
- Cobweb removal from buildings, windows, doorways, husbands’ ears if they don’t seem to listen
- Begin cleaning class chairs (power jet washers vital!)
- Toilet seats in all toilets checked for damage, cisterns working
- Making safe any items, guttering and sleeper retaining walls
- Repairing/refitting or auditing components of playgrounds
- Checking, tightening and repairing of door knobs, latches, door closers and locks of all external doors. Stopping the ‘squeak’ in the door closers or the ‘slam’ factor

Garden/Enviro area/veggie patch/sustainable greenhouse Plastic has been re-done so people need to be careful
- Everything needs to be scraped clean
- Remove grass
- Tree roots
- Level the ground, it would be ideal if we had a dad with a dingo!

FOOD SUPERVISOR:
Creator of morning tea and lunch
BBQ organizer & sausage cooker
Cleanup of BBQ and other bits

EQUIPMENT YOU CAN BRING

- yourself
- your children
- smile
- good weather
- power washer
- wheelbarrow
- steel Rakes
- expertise
- Gloves
- Shovels
- spades
- Blower
- gardening tools
- brooms
- secateurs
W O R K I N G B E E

This Sunday, 28th August from 9am-1pm
You DO NOT have to be trained in anything,
Just come along! It’ll be fun!

Name: ____________________________________________________________

Child’s name: ___________________________  Class: ___________________

Number attending: _____________  Phone number: ________________

Job most suited: ___________________________________________________
_____________________________________________________________________

Tools/Equipment you can provide: ______________________________________
_____________________________________________________________________

Please complete and return as soon as possible. Thanks!

Ballam Park Primary School

Excerpt from
Bicycle Education and Cycling to School Policy

Rationale/Purpose:
To provide specific direction in relation to students riding bicycles to and from school, during Bicycle Education and for activities such as camp and as a supervised lunchtime activity.

Implementation
• Students in Year 3 will participate in a Bicycle Education Program of between 7 and 10 sessions. Students bringing bikes to school for this program, must be accompanied by an adult for the whole journey in both directions.
• Students in Years 4 to 6 may have opportunities to participate in supervised cycling activities at school, in the adjacent park or when on school camp.
• All students are permitted to cycle to and from school if accompanied by a supervising adult for the whole distance in each direction.
• Students must be in at least Year 4 to be permitted to ride to school unaccompanied by an adult.
• Parents are responsible to making the decision that their child who is in Year 4 or above is or is not capable of riding to and from school safely.
• The school provides an undercover, lock up area for student bicycles. It is kept locked during the school day. The school does not guarantee the security of bikes at school at any time.
• Students must wear a helmet at all times when riding to and from school and must walk their bike when in the school grounds.
• Any bike that is brought to school must be legally roadworthy and safe to ride.
• The school prefers that students do not scoot or skateboard to and from school. If a student skates or scoots to school, all the above stipulations apply as non-negotiable school rules.
Ballam Park Primary School
Invites you to the
Student Art Show
2016
Tuesday 13th September
5-7pm School Hall and Art Room
Sausage Sizzle Available
Gold Coin Donation
Sport News

Years 3 Bike Ed
Years 3A and 3D students have been busy over the last four weeks improving their riding skills through the Bike Ed program on Thursday afternoons.

It has been very pleasing to see students show so much development in that time, with all students now able to ride independently after much hard work and persistence.

A big thank you to our Year 6 helpers: Cai, Olivia, Ben, Marc, Madi, and Claire for their fantastic work assisting the Year 3 students.

With three more sessions to go, we will continue to further students’ riding skills to culminate in a group ride to Ballam Park playground on Thursday 8th September.

Sporting Schools Programs
Our Years 5/6 students have just completed their four week Sporting Schools Soccer Program.

All students had a fantastic time learning new skills and games during the program conducted through Melbourne City FC coaching and development.

We also have implemented a six week triathlon program for 20 of our Years 4 – 6 students.

This program is held on Thursday mornings through Kelly Sports.

Students have completed two running sessions, and this morning completed the first of their two riding sessions, with a swim session at PARC and mini-triathlon still to come.

All students involved have shown fantastic enthusiasm and have enjoyed the activities carried out.

Cricket Clinics
All Foundation – Year 4 students participated in cricket clinics a fortnight ago conducted through Cricket Victoria and Ballam Park Cricket Club.

All students had a great time learning new skills and games, and received information to participate in the Milo In2 Cricket Program through Ballam Park Cricket Club.

If parents have any queries regarding their child participating in cricket programs this upcoming summer, please contact Mr O’Brien.

Bayside District Basketball
We have 16 Years 5/6 students representing the school in the Bayside District Basketball Lightning Premiership at Frankston tomorrow. These students will compete in a boys and girls team against the other schools within the Bayside Sports District.

Best of luck to those involved.

Footy Day
Our annual Footy Day will be held on Thursday 15th September.

All students are encouraged to dress in their favourite AFL colours and will participate in a whole school parade. Years 1/2 and 3/4 students will also take part in footy tabloid activities.

Notices with all details will be sent home in the coming weeks.

Division Athletics
After outstanding performances at District Athletics in Term 2, a number of Ballam Park PS students will compete in the Division Athletics on Wednesday 5th October (Term 4) at Ballam Park Athletics Track.

Those students involved will be given notices with all details in the coming week or so.

Darren O’Brien
Sports Coordinator
It starts with respect

The public debate following the incident where two Melbourne private school students were suspended for asking students to vote for the ‘Slut of 2016’ has been almost as concerning as the incident itself.

While most people via traditional media and social media have expressed outrage and disgust for the students’ grubby postings there has also been a number who’ve defended the students suggesting that we’re going overboard with the condemnation. A theme emerged in their defence along these lines: “Hey, it’s tough being a boy! They’re just going through a phase! They didn’t know they were doing anything wrong! Boys after all, will be boys!”

This is an echo of Eddiegate, when Collingwood president Eddie Maguire famously suggested that he would pay $50,000 to see journalist Caroline Wilson stay under a pool of iced water and then describing her as “like a black widow” spider. Later this was brushed off as just having a bit of fun, no harm intended. “No one surely takes this seriously it’s only a bit of fun. Lighten up everyone. This is political correctness gone mad. Boys after all, will be boys!”

Well no! ‘Boys will be boys; it’s only a bit of fun, no real harm meant’ are the types of outmoded attitudes that need to change.

As an ambassador for the national ‘Stop it before it starts’ campaign, which aims to reduce violence against women and children I’m convinced that the cycle of violence starts with disrespect.

Not all disrespectful behaviour towards women ends in violence. But all violence against women starts with disrespectful behaviour. And disrespectful attitudes often start at home.

Sometimes without realising it we can say and do things that make children and young people think disrespectful and aggressive behaviours are acceptable. We do this when we play down boy’s disrespectful behaviour toward a sibling, accept aggression as just part of being a boy, and even blaming girls for provoking aggression or disrespectful behaviour.

Gradually, boys and girls start to believe that respect is just a normal part of growing up.

Respect starts at home
As parents we have an incredible power to shape positively children’s attitudes and behaviours, including how they treat others. Here are three ideas and attitudes of respect at home:

1. Start by insisting that siblings treat each other well. Encourage both genders to resolve conflict and disputes using low power methods such as talking things through; give and take and apologising.

2. Socialise your sons. It’s easy to excuse boy’s aggressive behaviour as part of being a boy. Yes, their physiology may mean they are more prone to handle disputes physically but that doesn’t mean we accept that. Model for your sons how to resolve disputes in a civil and civilised way.

3. Put respect on the agenda. Healthy families talk about the things that matter to them. If respect matters then you need to hold conversations around disrespectful behaviours – whether they occur in the family outside. Be willing to listen to children’s and young people’s views but also to challenge views that are questionable.

Respect is the core value of a civil society and that’s also the core value in every healthy, functioning family I’ve ever worked with.

Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my FREE weekly email parenting guide at parentingideas.com.au. You’ll be so glad you did.

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Outside School Hours Care with Camp Australia

Camp Australia is committed to ensuring that children in our care receive a variety of healthy food choices to meet their nutrition requirements for a healthy body and mind.

We also ensure that our Educators are supported in their important role of helping children develop a positive attitude towards healthy choices. That’s why we’ve been working with Nutrition Australia’s Healthy Eating Advisory Service (HEAS) to develop an exciting new initiative—Camp Australia’s Healthy Eating Program.

Nutrition Australia evaluated our food and drinks menu against the Department of Health and Human Services’ Food and Drink Guidelines for Outside School Hours Care, and suggested some enhancements to ensure that children’s nutrition requirements are met and enable us to broaden the variety of nutritious food choices we can offer. So a new menu is now being offered to our young clientele.

We are currently learning how to knit from recycled cones and wool.

- **Star of the Week**: Leon S for helping others
- **Lego Challenge Winner**: Elizabeth B for her McDonald’s Lego building

For OSHC bookings with Camp Australia, please log on to: [www.campaustralia.com.au](http://www.campaustralia.com.au)

Wishing you all a wonderful week!

Judit Sullivan, Coordinator
Ballam Park OSHC, Camp Australia (Phone 0402 354 584)

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**IMPORTANT DATES 2016**

**AUGUST**

Wed 24 to ) Life Education Van visit
Tues 30 )
Fri 26 District Basketball Premiership
Sun 28 WORKING BEE, 9.00am-1.00pm
Tues 30 Fathers & Special Friends’ Day Stall
Book Club orders due back at school

**SEPTEMBER**

Thurs 1 Fathers & Special Friends’ Raffle draw
Tues 6 Parents & Friends’ Assoc Mtg 9am
Thurs 8 Foundation Fairytale Ball in Hall
Tues 13 Art Show & Sausage Sizzle
Wed 14 Prep-Year 2 Responsible Pet Incursion
Price Canteen Lunch Day
Thurs 15 Footy Day
Fri 16 End of Term 3

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**IMPORTANT DATES 2016**

**OCTOBER**

Mon 3 Term 4 commences, 8.50am
Wed 5 Division Athletics
Tues 11 STEP INTO PREP session 2.30pm
Fri 21 Annual Walkathon
Sat 22 Disco Bingo, 7.00-11.00pm in Hall
Tues 25 STEP INTO PREP session 2.30pm

**NOVEMBER**

Tues 8 STEP INTO PREP session 2.30pm
Fri 18 Year 6 Musical Production “Dreams”
Tues 22 STEP INTO PREP session 2.30pm

**DECEMBER**

Tues 6 PREP 2017 TRANSITION MORNING
9.30am-11.00am
Fathers’ and Special Person’s Day
Stall and Raffle

On **Tuesday, 30th August**, the Parents & Friends’ Association will be having a **Fathers’ and Special Person’s Day Stall**, with a variety of gifts available for children to buy. Prices range from 50c to $5.00.

Attached are **Raffle Tickets** for **50 Cents each** for the Fathers’ and Special Person’s Day raffle which will be **drawn on Thursday morning, 1st September**.

There are lots of wonderful raffle prizes to be won!
**This year we have a fantastic 1st Prize in the Raffle...a 4 BURNER BARBECUE!**

Raffle tickets need to be returned by Wednesday, 31st August.

Thank you for your continued support.

Best wishes
Parents & Friends’ Association
Round up your friends! Round up your family! Round up your disco music lovers! Why? Because we are having a hilarious night out playing DISCO BINGO!! Instead of numbers, disco songs are played and dabbed off the bingo card. The first person to dab all songs on their card, WINS! Mix it up with dancing, games, and raffles and you have a super fun night out... without the kids!

...SO PLEASE SAVE THIS DATE!!!

**When:** Saturday, 22nd October 2016

**Where:** Ballam Park Primary School Hall (Belar Avenue, Frankston)

**Time:** 7pm - 11pm

**What to wear:** Best disco era outfit!

**Ticket prices:**
- Table of 10: $100
- Table of 5: $60
- $15 per Person

[Tickets on sale at school office](#)
Working With Children Check required for parent volunteers at BPPS

WORKING WITH CHILDREN CHECK (WWCC) What is it?

It is a legal requirement that all volunteers and workers involved in any school must have a WWCC. A WWCC can be obtained by completing the online application form at:


1. The applicant completes the online application after logging on.
2. To complete the process, the applicant then takes their required evidence to the Post Office.

When completing your application:

- You must provide true and correct information on the application form.
- You need to provide the Department of Justice with any additional information requested regarding your application or your application will be withdrawn.
- You will be giving the Department permission to obtain information that will help assess your eligibility to hold a WWC Check card.

Before you start child-related work:

You must apply for a WWC Check.
- You need to show your receipt to every organisation who engages you in child-related work.
- Organisations are obliged to make sure people doing child-related work have applied for and passed the WWC Check.
- Organisations are also obliged to make sure their workers are legally permitted to do child-related work while their application is being processed (see the next point)

Undertaking child-related work during the application process

Most people can undertake child-related work while their application is processed.

However you cannot if you:

- Have been charged with or convicted of a serious sexual, violent or drug-related offence known as a Category 1 or Category 2 offence in the Working with Children Act 2005 (the Act).
- Have previously been given a Negative Notice.
- Are subject to orders or reporting obligations under the:
  ⇒ Sex Offenders Registration Act 2004
  ⇒ Serious Sex Offenders Monitoring Act 2005
  ⇒ Serious Sex Offenders (Detention and Supervision) Act 2009
  ⇒ have applied for the Check to supervise a child in employment under the Child Employment Act 2003
  ⇒ have applied for the Check for work regulated by the Education and Care Services National Law 2010 (Victoria)
  ⇒ Some other organisations also require their staff and volunteers to pass the Check before commencing work. You need to check this with your organisation.

IMPORTANT

- There is no charge for Volunteers.

We value parent/carer help in our breakfast mornings, organised days, activities, excursions, incursions, working bees and classroom happenings, but please understand that without a WWCC we cannot include you. Please see the office or speak to your child’s class teacher if you require assistance to complete this form.

Update your details

It is essential that you always keep your details up to date. You must advise the Department within 21 days if you change the organisation that engages you in child-related work. You must also notify the Department within 21 days of changes to your personal and contact details. You can update the following details online through MyCheck:

- Address
- Phone numbers (work, home or mobile)
- E-mail address
- Organisation details
- Occupational codes.
Once a day, twice a day, all day!

Protect your teeth and follow these simple steps to set yourself and your family up for good oral health.

1. **Floss every day**
   - Build flossing into your daily routine to protect your mouth from decay.
   - Flossing helps to get food out from between your teeth.

2. **Brush twice a day**
   - Brush your teeth at least twice a day.
   - Help younger children under the age of 8 to brush their teeth. It helps for a better clean and reaches all the tricky areas children may miss.
   - Children only need a pea sized amount of toothpaste.
   - Children under six years old should use low-dose fluoride toothpaste.

3. **Drink tap water all day**
   - Tap water is best for your teeth.
   - Fluoride is added to tap water to help protect your teeth.
   - Drinking tap water regularly will neutralise the acid on your teeth.
   - This will help repair developing cavities.

Annual dental checks are a great way to keep up good oral health habits. To book in your next dental check, visit: [www.peninsulahealth.org.au](http://www.peninsulahealth.org.au)

NOTIFICATION OF STUDENT ABSENCES

It is requested that parents please ring the school on 9789-5614, prior to 9.30am, to advise if their child will be absent.
Easy veggieful recipe

An easy and quirky way to have some fun and increase vegetable intake for the family! (Serves 6)

**Ingredients:**
- 1-2 Packets Rice Paper
- 150g vermicelli rice noodle
- ¼ head lettuce, sliced
- 1 cucumber, sliced
- 1 carrot, grated
- 1 capsicum, sliced
- 1 can bean sprouts
- ½ cup fresh mint leaves
- 1 shredded cooked chicken breast (or ¼ BBQ chicken)
- 1 large bowl hot water
- (Any additional vegetables as desired)

**Method:**
1. Cook vermicelli noodles as per packet directions.
2. Grab one piece of rice paper and gently dip into the bowl of hot water. Remove rice paper and lay flat on a clean surface.
3. Top the rice paper with a small amount of each filling. Do not overfill and ensure to leave a 5cm inch border along each edge.
4. Roll up the rice paper tightly around the filling to the middle. Then fold in the sides and continue rolling. Transfer the completed roll to a plate.
5. Continue rolling until all ingredients are finished.
6. Serve immediately and dip with sweet chilli sauce, soy sauce or homemade peanut sauce (see below)

**Optional homemade peanut sauce**
- 3 tbl smooth peanut butter
- ½ cup light coconut milk
- 1½ tbl Hoisin Sauce
- ½ tbl Cayenne Pepper (optional)

Mix all ingredients in a food processor. Serve Immediately.
COMMUNITY NOTICEBOARD

The school sincerely appreciates the sponsorship of both our school newsletter and school website by a variety of businesses, but please be aware that the school is not permitted to endorse or recommend any businesses.

Breaky Club (FREE) is open every morning at 8.15am

Our (free) Breaky Club operates every morning, Monday to Friday, from 8.15am to 8.45am in the Canteen.

The aim of the Breaky Club is to encourage all students to eat a healthy and nutritious breakfast. There is a limited menu consisting of toast, Vegemite, Weetbix, two fruits, Milo, Yoghurt and fresh fruit, and sometimes toast & cheese. Everyone is welcome! We look forward to seeing your child/children at Breaky Club!

School term dates 2017

Term 1: 30 January (school teachers start) to 31 March *
Term 2: 18 April to 30 June
Term 3: 17 July to 22 September
Term 4: 9 October to 22 December

* The first day of Term 1 is a student-free day in all government schools to allow for appropriate planning to take place for the arrival of students. Each year government schools are provided with four student-free days for professional development, school planning and administration, curriculum development, and student assessment and reporting purposes. The remaining three student-free days are determined by each individual school, so contact your school for details.

** Please check with your school when other student-free days will occur throughout the school year.